



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Student Breakfast Meal \$2.50 Student Lunch Meal \$4.25		Adult Breakfast Meal \$3.00 (including tax) Adult Lunch Meal \$5.50 (including tax)	
5	6	7	8	9
 School Closed	Spaghetti with Beef Meatballs & Spaghetti Sauce OR *Mozzarella Sticks With Breadstick Roasted Vegetables	Sweet and Sour Chicken Steamed Brown Rice Beans Squash	Breakfast for Lunch French Toast, Syrup, Scrambled Eggs Sweet Potato Celery Sticks	*Disco Fries Bowl Dinner Roll Collard Greens Tomato
12	13	14	15	16
Baked Fish Bites & *Mac and Cheese Waffle Fries Celery	Popcorn Chicken Bowl & Biscuit Steamed Carrot Coins	*Ravioli with Marinara Sauce Breadstick Broccoli	Chicken Tikka Masala Cauliflower	*Beef Chili with Fries Black Beans Roasted Red Peppers
19	20	21	22	23
*Chicken Alfredo Pasta & Garlic Bread Zucchini	Beef and Rice Bowl Roasted Corn Red Peppers	*Vegetarian Chili Corn Muffin Green Beans Celery	Roasted Chicken Rice Broccoli *Edamame	Beef Meatloaf Dinner Roll Pinto Beans Coleslaw
26	27	28	29	30
<i>Happy Rosh Hashanah</i>  School Closed	<i>Happy Rosh Hashanah</i>  School Closed	Chicken and Fries Bowl Cauliflower Biscuit Roasted Carrots Celery	Beef Stir Fry Vegetables Rice Broccoli	BBQ Chicken Mac and Cheese Coleslaw Cucumber Salad

Offering Daily

- ***ACTION STATION**-Sautéed Fresh & Hot! Quesadilla Bar made to order ***Grab n Go STATION**- Burgers & Chicken Sandwiches on a Bun
- ***SMOOTHIE STATION**- Yogurt blended with fruit and Granola on the side ***SALAD STATION**- choice of various offerings with Dinner Rolls
- ***DELI STATION** - Made to Order Sandwiches with Boars Head Meats and Cheese ***DAILY VEGETABLES**-Carrot Sticks and Cucumber Coins offered daily
- ***GOURMET PIZZA STATION**-Specialty Pizzas Daily along with Cheese, Pepperoni (P), Calzones and more

All Meals include: Entrée, 1 cup of Vegetables, Bread/Grain (All grains served are whole grain) , Fresh Fruit (choice of apples, oranges or bananas) and a choice of Milk (Fat Free White, Chocolate or 1% Milk, No rBST and No Artificial Hormones)
 All Snacks and salad dressings are **FREE** from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Local Produce used throughout the month when available from local NJ/NY Farms. A Gluten Free Meal is available with 1 day notification

Breakfast menu: Omelets Made To Order, Egg Sandwiches, Bagels, Cold Cereal, Muffins and More!

Breakfast is available 7:30 am to 9:30 am daily

[Click here](#) to see the Selection of Ala carte healthy Snacks and beverages with prices.
 These items require payment at the register or funds on account with MySchoolBucks.

